


Field Hockey Summer Program for High School/College Girls

Thursday Nights: July 14, 21, 28, Aug. 4

7:35pm and 8:45pm sessions

Under the Lights at Kantor Memorial Park (turf field)



For each session, girls will be divided up into teams, and they will scrimmage for an hour. Girls are responsible for bringing their own equipment (stick, mouthguard, shin guards, water bottle.) Each scrimmage will be professionally ref'd and coached.

4 Sessions for \$50

Players choose the 4 sessions they want to attend. Each session is capped at 30 players. This is open to all HS/College girls in the Watchung Hills sending district. After June 15th, if additional openings are still available, the program will be opened up to girls in surrounding towns. This program is designed to give players the opportunity to get in some conditioning before the fall Field Hockey season begins. Note: If we have a night where there is thunder/lightening, we will utilize 8/2 as a make-up night.

(Players can sign up for additional sessions at \$10 per session.)

Registration for this program is only on paper given the pricing structure.

Player Name_____Grade Fall 2016_____

Mother/Guardian Name_____Cell #_____

Father/Guardian Name_____Cell #_____

St. Address_____Town_____

Alt. Emergency Contact_____Phone#_____

Please List Medical Alerts/Allergies_____Epi-pen(circle) Yes No

SELECT 4 sessions for \$50. For each additional session, add \$10. (Please circle below.)

July 14	7:35pm	8:45pm
July 21	7:35pm	8:45pm
July 28	7:35pm	8:45pm
Aug. 4	7:35pm	8:45pm

I hereby give permission for my child_____to participate in this program sponsored by the Long Hill Township Recreation Dept. I understand that by signing this waiver I agree not to hold Long Hill Township, their employees and advisors, the Recreation Dept staff responsible for any accidents, injury, damage or loss incurred in this activity or any part of the program. I understand that there are no refunds issued unless this program is canceled.

Signature of parent or guardian_____Date_____

Questions: Contact the Parks & Recreation Department, 908.647.8000 x219, recreation@longhillnj.gov